



ALLONE HEALTH PRESENTS:

# MY LIFE EXPERT

CHANGING THE  
GAME IN  
MEMBER  
WELLNESS



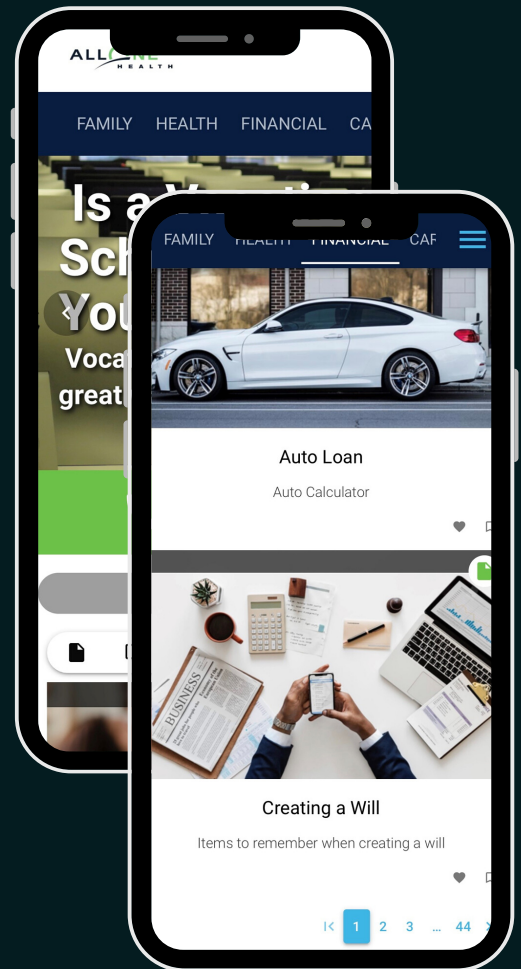


# WORK/LIFE BALANCE AT YOUR FINGERTIPS

## MY LIFE EXPERT ALLOWS YOU ACCESS TO:

- THOUSANDS of articles, videos, and worksheets
- Quick Health and Lifestyle assessments and surveys
- Interactive checklists
- Events Calendar for the latest webinars and online training sessions
- Build your own Member Profile
- 24/7 instant, confidential support

TO LOGIN, USE YOUR COMPANY CODE:  
**americorps**



ACCESS YOUR FULL MAP BY CALLING:  
**1-800-451-1834,**  
DOWNLOADING THE APP BY  
VISITING: **WWW.MYLIFEEXPERT.COM**  
OR  
**SIMPLY SCAN THIS QR CODE**

**ALLONE**  
HEALTH