



## MONTANA CONSERVATION CORPS

### Youth Program Gear List

MCC will provide 2 MCC t-shirts, work gloves, a hard hat, and safety glasses for each individual. Additionally, all food will be provided for the duration of the overnight sessions starting at dinner on the first night. We have rental gear available to borrow, please submit your request as soon as possible so we can be sure that we have enough gear for everyone. Gear that's available to borrow includes: daypacks, large backpacking packs, rain gear, warm layers, sleeping bags, sleeping pads, and tents.

***\*Please note that no youth crews will be backpacking, all crews will be car camping for the upcoming season. We do offer backpacking packs to borrow as it can make packing easier, but duffel bags or something similar are sufficient.\****

#### Required Clothing

- Work pants that are in good condition (no holes, patches, or tears). Pants should be made of a durable material (e.g. jeans, canvas, etc.), leggings are not allowed due to inadequate protection. **\*Youth Corps participants have specific work pant requirements that will be sent to you in an onboarding email.**
- Sturdy hiking boots or tennis shoes
- 4+ pairs of socks - many people prefer wool socks to keep their feet warm even if they get wet, however it's not required for them to be wool.
- Underwear - enough to last the duration of the session
- Warm layers (e.g. fleece pullover, hoodie, etc.)
- Warm jacket
- Warm hat, gloves, and socks
- Rain jacket and pants
- Long underwear top and bottom
- Camp shoes to give your feet a break after a long work day!
- Water shoes - sandals with a heel strap, actual water shoes, or an old pair of tennis shoes. Water shoes must be worn for wading and entering water.
- Change of clothes for hanging out around camp and on your off-day in the field

#### Required Gear

- Tent - ideally 1-3 person tent as all individuals will be in their own tent, we are sometimes limited on space at the campgrounds and find that tents in the 1-3 person range help ensure everyone has enough space to set up their tent.
- Sleeping bag
- Sleeping pad
- Overnight bag to pack your belongings - a duffel bag or suitcase will be sufficient. See note above if you'd prefer to borrow a backpacking pack from MCC for ease of packing.
- Day pack - must be able to carry at least 3 liters of water, layers, rain gear, and lunch for the day
- Flashlight or headlamp and extra batteries
- Mess kit: eating utensils, mug for hot drinks, and tupperware with a tight fitting lid to pack your lunch. Most people opt to use their tupperware for all meals, but if you'd like to bring a plate or bowl as well, you're welcome to.

- Water bottles - enough to carry 3 liters of water

### **Required Gear Continued**

- Medication - be sure to bring enough personal medication for the duration of your session. If applicable, be sure to bring any life saving medications (inhaler, epi-pen, etc.). MCC staff will confirm these items in advance and will double check upon arrival that medications are accounted for before you depart for the field.
- Watch or alarm clock to serve as a morning wake-up and keeping track of group meeting times
- Stuff sack to store personal smelly items (e.g. toothpaste, chapstick, etc.) in the trailer and/or vehicle at night
- Toiletries: toothbrush, toothpaste, hairbrush/comb, feminine hygiene products (if applicable), chapstick, and anything else you feel would be helpful to keeping up with your hygiene and comfort in the field. \*Most groups will not have access to showers, however you're welcome to bring soap, shampoo, etc. in case you have the opportunity to shower.

### **Optional items:**

- Book(s) and/or journal - kindles are okay but tablets will not be allowed
- Resealable plastic bags or stuff sacks for organizing your things and/or keeping things dry
- Digital or disposable camera
- Bandana and/or buff
- Towel and swim suit - some camp sites will have access to showers and potential swim sites where there's a life guard. It is uncommon for this to be offered on many sessions, so it's best to prepare that there will not be shower access. MCC only allows swimming when there's a life guard on duty.
- Recreational items: small games, frisbee, deck of cards, instruments (depending on size) for relaxing in the evenings.
- Baseball cap & sunglasses
- Spending money - not required. Some people like to have a small amount of cash to purchase a few treats if the crew stops at a gas station or souvenirs depending on the location of the session.
- Snack bag - although food and snacks are provided, some folks prefer to pack a few of their own snacks as well. This is allowed as long as it can fit in a gallon size ziplock for space purposes and keeping all smellies stored properly at night and when away from camp.
- Small camp chair or crazy creek - full size camp chairs will not be permitted due to space limitations.

### **Items that are not permitted:**

- Cell phones - we are technology free! Please leave your phone at home, or phones will be collected upon launch day and stored either at the MCC office or with the Crew Leaders for the duration of the session.
- Electronics
- Pocket knives with blades longer than 3 inches
- Drugs, alcohol, or tobacco products
- Items that you're worried about getting damaged in the elements
- Bear spray - Crew Leaders will carry bear spray for the group, youth participants are not permitted to bring or carry bear spray.