



COVID-19

RISK MANAGEMENT

PROTOCOLS

FIELD MITIGATION STRATEGIES



Managing Risk: We're all in this together

MCC is aware that even with our best planning, and strict adherence to state public health directives and CDC guidelines there will be significant challenges to this season. We will need to be continually responsive to the actions/planning of project partners, state and national directives, the health of our crews and staff, current medical information/resources, and financial resources. We believe the success of crews this summer will be based on our ability to maintain focus on the health of members, our partners, and the communities in which we serve.

Acknowledgements: MCC would like to gratefully acknowledge Northwest Youth Corps, Great Basin Institute, Conservation Legacy, Montana Wilderness School for sharing protocols and collaborating on best practices in a COVID-19 environment. Thank you to the Pacific Northwest Trails Association for allowing us to adapt and share portions of their Field Safety Manual.



2020 MCC Field Operations

COVID-19 Mitigation Strategies

Montana Conservation Corps (MCC) is closely monitoring the spread of COVID-19 throughout the country. As an organization we believe it is critical to protect and support our communities at a local, state, and national level while simultaneously ensuring the safety and well-being of our participants. This document is intended to provide an overview of protocols and policies currently in place to mitigate exposure to and the spread of COVID-19. This document does not include all measures that may be taken by MCC and will be updated and/or revised as associated data for COVID-19 changes. These protocols are specific to MCC's program design, structure and mission. **This version is based on information available as of January 19, 2021.**

Following the CDC guidance for responding to COVID-19, we base our program protocols on the following mitigation strategies:

- Limit the number of people gathering in one space to 25 or less where social distancing isn't possible
- Prioritize physical distancing of 6 ft. whenever possible
- Implement pre arrival and exit assessments of exposure and risk
- Daily health and symptom check
- Assess projects for alignment with COVID-19 safety in mind
- Remain in same "family units" or crews (4-6 people) throughout term of service
- Stagger and regulate number of people in one space (regional offices, basecamps)
- Remote training whenever possible or appropriate
- Limit all non-essential travel and conduct only essential activities in public space
- Ensure staff and members perform personal protective measures (handwashing, masks, behaviors)
- Routine disinfecting of all gear, vehicles, and work spaces
- Plan for possible outbreaks and provide COVID-19 emergency evacuation procedures for every hitch.
- Plan for isolation/quarantine spaces for members
- Minimize or "distance" interactions with people outside your immediate crew "family."

Due to the evolving research around COVID-19 vaccinations and post-vaccination safety, all vaccinated leaders and participants will still be required to follow all mask and social distancing protocols.



Language

Participant refers to an expedition crew member.

Leader refers to an Americorps crew leader.

Individual refers to both participants and leaders.

Pre Arrival Steps for MCC Participants

MCC prioritizes the safety and well being of every participant. The following pre arrival steps are critical to participation and will help us successfully operate in COVID-19 conditions. We will ask parents/youth to help with the following:

- Fill out the health history form and include any covid related information
- Track/monitor physical symptoms 14 days prior to the start of the expedition
- Sign a community well being agreement regarding MCC COVID-19 mitigation policies and practices
- Alert MCC staff if youth was exposed to COVID-19, or tested positive within 7 days of the start of the expedition.

Individual - COVID-19 Mitigation Tasks

Things all staff, leaders, and participants are responsible for

- Avoid touching your face.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom, touching surfaces in public spaces, before eating, and after blowing your nose, coughing, or sneezing. If soap and water are not available, use hand sanitizer that contains a minimum 60% alcohol.
- Sneeze or cough into your elbow.
- Participants will perform daily symptoms checks each morning/night during expedition sessions.
- Use masks when in public, when in close quarters, or in the presence of another person who is presenting symptoms. (Specific mask information found in Appendix A at the end of this document)
- The preference is for each member to have a personal tent for the entire season
- Physical distancing of at least 6 ft. whenever possible wherever you are
- When on days off continue to follow MCC's protocols.



Leader Training

Guidelines during the Leadership Development Program.

- All leaders will receive a specific training lesson to identify and prevent exposure. Training will highlight signs/symptoms and field observation/monitoring of COVID-19, thresholds for communication, and standards for seeking organizational assistance.
- Training groups will not exceed CDC-recommended group sizes of 25 individuals.
- Members will remain in their crew or “family unit” (4-6 people) during training sessions.
- Discussion spaces will be held outdoors when possible, when not, we will provide adequate space between individuals and proper ventilation/air flow..
- Wear masks if a specific training activity requires brief close proximity (ex. Chainsaw training)

MCC Participants on Trails and in Public Spaces

- Youth crews hiking on public trails will step aside and allow the other hikers to come through while maintaining the 6 ft. distancing as much as possible. Where it’s feasible, MCC youth participants and leaders should move 6+ feet when possible from the trail corridor when user traffic is approaching.
- If it’s not safe to maintain 6-10 feet of separation — due to terrain or conditions:
 - Walk up or down trail to find a suitable location to ensure proper social distancing
 - If you are working on a trail that has long stretches that are unsafe to step off from, individuals should carry personal facemasks (in a sealed bag, in a pocket on their person) on the trail, and put them on when they see user traffic approaching
- If you are working on a trail with consistently heavy traffic, wear facemasks.
- Individuals will observe physical distancing of 6 ft. apart, and use masks when entering any public building.
- Individuals should be prepared with disposable gloves and masks if and when using a public restroom. Always wash hands when leaving a public space, if handwashing isn’t available, sanitize hands before getting back into the rigs.

MCC Vehicle Use Overview

All MCC Vehicles will contain the following cleaning materials:

- A spray bleach bottle (4 teaspoons of bleach per 1 quart of water) or other approved disinfecting products (Lysol, etc.), disposable gloves, roll of paper towels, hand sanitizer, paper bags for masks, dromedary/liquid soap for handwashing.
- The Bleach solution will be made at a minimum, once a week, on expedition and in the region.



The following protocols are specifically designed to mitigate the risks of COVID-19 transmission while being in an enclosed space (vehicle) for regular or prolonged periods of time (travel to project site), with more than one person in the vehicle (crew).

- Routine cleaning/disinfecting of vehicles as needed and at the end of every expedition
- After fueling, use a hand sanitizer with at least 60% alcohol. Wash your hands for at least 20 seconds when you get home or somewhere with soap and water.
- Limiting travel outside of the project or resupply
- No sleeping overnight in vehicles
- Keep vehicles assigned to the same co-leader pair throughout the season.

Before any individual rides in an MCC vehicle or enters an MCC building, do the pre-expedition check:

1. Are you experiencing any symptoms of COVID-19?
2. Have you spent time in the last 7 days with anyone who has tested positive for COVID-19?
3. In the last 7 days, have you engaged in any higher risk behavior?
4. Since your medical history form, has youth received both rounds of the COVID-19 vaccine?

Based on these answers, individuals may: proceed as planned, proceed under heightened protocols, or not proceed to hitch/activity.

Required Steps for Entering a MCC Vehicle and Vehicle Facemask Use:

1. Assign seating when possible.
2. Each member will wear a KN95 while in the vehicle. (1 mask/hitch/member)
3. Finish loading the vehicle completely.
4. Wash hands or sanitize hands BEFORE entering vehicle***
5. Properly store rig masks in paper bags

Follow the same sequence every time you enter the MCC vehicle (beginning of a hitch, end of the work day, travel to campsite or other location). WASHING HANDS is critical and how we physically put on and off the facemasks.

Vehicle Facemask Duration of Use and Reuse:

MCC will provide KN95 masks for use in vehicles. These masks are disposable and originally designed for limited use. Keeping KN95 masks **dry and well ventilated** is the key to limited reuse. Do not store these masks in plastic.



Timeframes for Medical/Surgical Mask Use and ReUse: Following the guidance of the CDC and guidance from the Nebraska Medicine Universal Mask Policy(5/52020), masks that are dry, clean and undamaged can be reused for several hours to several days.

- Wear a facemask on the first travel day and replace the mask after approximately 11 hours or three days of use.
- Replace mask if wet, soiled or damaged.

When Traveling in a Vehicle:

- Limit the number of people as much as possible
- Increase ventilation by opening windows or adjusting air conditioning, keep windows open when possible. Keep windows open when not using the vehicles when possible to maintain maximum ventilation.
- Wash hands frequently while traveling, after fill-ups or other public contacts, and keep hand sanitizer available for use.
- Sit staggered and as far apart as possible in the vehicle when driving
 - Wear masks. Wash hands or sanitize before re-entering the MCC vehicle.

To clean a vehicle:

- If surfaces are visibly dirty, clean soiled surfaces with a detergent or soap and water before you disinfect them.
- Use a disinfectant to clean all soft and hard surfaces:
 - Vehicle keys
 - External door handles
 - Steering wheel
 - Gear shifter
 - Radio and temperature controls
 - Seatbelts
 - Inside of the doors (handles and window controls)
 - Seats used by the driver and passenger(s)
 - Dashboard
- Remove and throw away used gloves in the trash.(see Appendix B Taking off Gloves)



Pre Expedition Safety Tasks

Completed by youth program staff, prior to every expedition.

- Identify what clinics and hospitals do and do not serve patients with COVID-19 symptoms in all project site locations. List closest non serving COVID-19 medical facility and closest facility taking COVID-19 patients on the PIS.
- Prior to departure, identify any significant challenges to compliance with MCC COVID-19 Field Protocols while traveling to a project or on project location.
- Ensure every vehicle and crew cache has the necessary disinfecting supplies for the entire hitch. Include printed copies of CDC cleaning and disinfecting guidance.
- Ensure each crew has COVID Evacuation PPE kit.
- Check with project partners and local state health departments before departure for any COVID-19 related updates, state directives (MT, ID, WY, ND, SD), or updated guidance.

Food Shopping

Conducted by Leaders prior to each hitch.

- Send the minimum number of people needed to shop. No more than two at a time.
- Stay at least 6 feet away from others while shopping and in lines.
- Cover your mouth and nose with a mask when you have to go out in public.
- Try and shop during hours when fewer people will be present at the store (for example, early morning or late night).
- [Disinfect](#) the shopping cart, use disinfecting wipes if available.
- Do not touch your eyes, nose, or mouth.
- After leaving the store, use hand sanitizer. When you have access to running water, wash your hands with soap and water for at least 20 seconds.

Hitch/Camp Safety Procedures

To be followed and implemented by all individuals.

- Make a Bleach solution (4 teaspoons of bleach to 1 quart water) at the end of expedition for cleaning tools, gear, and any shared surfaces.
- All dishes must be soaked for 30 seconds in bleach solution (1 oz. /5 gallons, or 4 teaspoons to 1 quart water) and allowed to air dry.
- Label all personal dishes and eating utensils and keep in separate locations.
- Spouts of group water jugs should be disinfected at the end of hitch, or other means of water distribution should be determined. Avoid allowing your water bottle to touch the nozzle of the water filter or cubies.



- Crews should refrain from optional activities and exercise that put them in direct physical contact with one another.
- No sharing of personal food, water bottles, or utensils
- Camp locations should be chosen with discretion.

Responding to Illness or COVID-19 Symptoms in the Field

- All individuals must disclose any illness or COVID-19 symptoms prior to starting an expedition and during your expedition.
- People with these symptoms or combinations of symptoms may have COVID-19:
 - Cough
 - Shortness of breath or difficulty breathing

Or at least two of these symptoms: [\(CDC as of 4/30/2020\)](#)

- Fever
 - Chills
 - Repeated shaking with chills
 - Muscle pain
 - Headache
 - Sore throat
 - New loss of taste or smell
- Any individual exhibiting signs of any illness while on hitch, should alert leaders and immediately self-quarantine in place while symptoms are monitored.
 - Self-Isolate the individual exhibiting symptoms of fever, cough, and trouble breathing and begin monitoring symptoms for severity. **Notify regional staff immediately.**
 - **If symptoms worsen over a 24 hour period, immediately activate evacuation procedures.**
 - **If any of these emergency warning signs for COVID-19 present immediately activate 911 and emergency evacuation procedures:**
 - Trouble breathing
 - Persistent pain or pressure in the chest
 - New confusion or inability to arouse/awake
 - Bluish lips or face
 - Youth program staff will coordinate with parents and local health officials on recommended next steps.
 - If symptoms are mild, the individual can remain in the field but must follow MCC's heightened field protocols.



- The affected individual should wear a mask at the onset of symptoms and anyone coming into close contact.
- Follow CDC guidelines for disinfecting the home, basecamp facilities, vehicle used by a person symptomatic with COVID-19 or has tested positive for COVID-19.

Evacuation Procedures for COVID-19 symptoms

- Call/Contact MCC staff immediately to initiate emergency response plan
- Youth program staff will contact parents of any youth presenting symptoms.
- Notify the project partner and keep them informed of the situation.
- If driving out is possible and appropriate, put the person in the far back of the vehicle, with some air ventilation, wearing a mask. Driver must wear a mask and gloves with windows ajar for air ventilation. (see Appendix C, PPE for Evacuation with COVID-19 Symptoms)
- MCC staff will provide support for remaining crew members.
- MCC staff will coordinate the evacuation and response with parents, expedition leaders and health care providers.

Leaders Returning to the Field After Illness or COVID-19 ([From the CDC Guidance](#))7/28/20/2020

*Due to the length of our expeditions and current CDC quarantine guidance, participants who have to leave the field due to COVID will not be able to return to finish their expeditions.

Expedition Leaders who think or know they had COVID-19:

Can be with others after:

- 24 hours with no fever **and**
- Symptoms improved **and**
- 10 days since symptoms first appeared.

If you tested positive for COVID-19 but had **no** symptoms:

- you can be with others after 10 days have passed since test and you remain healthy

If you have been around a person with COVID-19:

What counts as [close contact](#)?

- You were within 6 feet of someone who has COVID-19 for a total of 15 minutes or more
- You provided care at home to someone who is sick with COVID-19
- You had direct physical contact with the person (hugged or kissed them)
- You shared eating or drinking utensils
- They sneezed, coughed, or somehow got respiratory droplets on you



What steps do you take?

Stay home and monitor your health

- Stay home for 14 days after your last contact with a person who has COVID-19.
- Watch for fever (100.4°F), cough, shortness of breath, or [other symptoms](#) of COVID-19
- If possible, stay away from others, especially people who are at [higher risk](#) for getting very sick from COVID-19

**People who have tested positive for COVID-19 within the past 3 months and recovered do not have to quarantine or get tested again as long as they do not develop new symptoms. People who develop symptoms again within 3 months of their first bout of COVID-19 may need to be tested again if there is no other cause identified for their symptoms.

Options to reduce quarantine

Your local public health authorities make the final decisions about how long quarantine should last, based on local conditions and needs. Follow the recommendations of your local public health department if you need to quarantine. Options they will consider include stopping quarantine

- After day 10 without testing
- After day 7 after receiving a negative test result (test must occur on day 5 or later)

After stopping quarantine, you should

- Watch for symptoms until 14 days after exposure.
- If you have symptoms, immediately self-isolate and contact your local public health authority or healthcare provider.
- Wear a mask, stay at least 6 feet from others, wash your hands, avoid crowds, and take other steps to [prevent the spread of COVID-19](#).

CDC continues to endorse quarantine for 14 days and recognizes that any quarantine shorter than 14 days balances reduced burden against a small possibility of spreading the virus.

(<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>)

Guidance for Interactions with Partners, Visiting Staff, and Outfitters

- This guidance pertains to any person that is not a crew member, coming into contact with an MCC crew during the 2020 field season, on a project site or at a camp location.
- People will be expected to adhere to strict social distancing requirements when interacting with an MCC crew. No physical contact.



- If people are eating food with a crew, they need to be self-contained: they must have their own food, the means to prepare it, and an appropriate amount of water to be self-sufficient.

Guidance for Basecamp residents

- Leaders and expeditions may be utilizing “Basecamp” locations throughout our area of operations. Basecamps are defined as any place in which crews are taking days off. They may include campgrounds, agency administrative facilities, bunkhouses, or guard stations.
- Basecamps may serve as the leaders’ “home residence” for extended periods of time during the season.
- Basecamps are secure locations in which the general public cannot access.
- Basecamp facilities are to be utilized by MCC members only unless there is an emergency or a maintenance issue that requires agency partners or MCC staff to access the facility.
- MCC Expedition Leaders will perform routine and end of off-expedition disinfecting of the facility which includes: tables, doorknobs, light switches, countertops, handles, desks, phones, toilets, sinks, etc.
- MCC Expedition Leaders will clean surfaces with bleach wipes, diluted bleach solutions, EPA-registered disinfectants, or 60% alcohol solutions.

Guidance for Expedition Members (and Parents) on Days Off (4 Week)

- MCC expedition members will be expected to follow MCC COVID protocols during their time off.
- This includes limiting activities to those within your existing ‘pods’ or ‘circles’, and avoiding events in which people are maskless and unable to socially distance. Minimizing exposures on days off- maintaining pods, masking and social distancing in out of pod activities. Avoid new exposures/large public gatherings
- Expedition members should maintain the same safety protocols at home such as disinfecting all surfaces, social distancing protocols, frequent hand washing and limiting exposure to others. Adherence to these practices will help keep both your crew and members of your home community healthy.



Youth Program Office Maintenance

- Routine disinfecting of work space which includes: tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, sinks, etc.
- Clean surfaces with bleach wipes, diluted bleach solutions, EPA-registered disinfectants, or 60% alcohol solutions.
- Cache - tools wiped down and disinfected before putting away, cache must be wiped down before each crew leaves in preparation for another crew: kitchen area, work tables, any tools that were used (sharpening, rehandling tools), door handles.
- Crew should limit the amount of time in office space.
- No food preparation in office space.
- Attempts will be made to stagger crews and staff to minimize interaction during de-rigging and expedition prep.
- Staff work remotely when possible.
- Monitor supply levels for COVID PPE regularly and resupply when needed
- Maintain fully stocked COVID-19 PPE Evacuation Kit in regional office



APPENDICES

Appendix A

Face Masks Information

MCC crews will be provided with KN95 face masks for riding in vehicles whenever possible. If KN95 masks are unavailable, members will wear their personal cloth mask until surgical/medical face masks become available.

Members will always have a personal face mask on hand to use, whether it is a cloth or surgical. This mask will be used when in the field: such as entering public spaces, or when potentially in close proximity with another person.

Additional Use Guidelines

- Never apply a facemask to a first-aid patient who is struggling to breathe
- Never apply a facemask to a first-aid patient who is unconscious
- Do not touch the interior surface of the mask (which contacts your face) and do not allow other surfaces (even the exterior surface of the mask) to make contact with the interior surface if you intend to extend use
- Avoid touching the mask while using it; if you do, clean and sanitize your hands
- Do not wear a facemask below your nose (with your nose uncovered)
- Do not “store” a facemask below your chin between uses
- Do not attempt to wear a facemask while eating or drinking (by pulling the mask aside in between bites/sips)
- Do not remove the mask until you are prepared to clean and sanitize your hands immediately afterward

Appendix B (Adopted from MWS COVID Mitigation Strategies)

Pre-Expedition COVID-19 Symptom Tracker

MANDATORY: MCC Expedition COVID-19 Check-In (Days 1-14)

This quick DAILY check-in or the online version that was emailed to you by MCC are mandatory methods to track your health prior to your MCC Expedition! It's a fast, easy way to make sure we are keeping you, your expedition team, and MCC participants healthy. Exposure to the Coronavirus during an MCC program cannot be eliminated, but your participation in this pre-course symptom assessment will help minimize the risk of exposure for all participants. This pre-expedition assessment is highly dependent upon your full and honest answers. Your answers are private and



will not be shared outside of MCC.

Name: _____

1. Have you or anyone in your household traveled outside of Montana in the last 14 days? If yes, when and which states or countries did you visit? When did you return/do you anticipate returning?:

2. Have you had any close contact with an individual confirmed to have COVID-19 by laboratory testing or with a presumptive diagnosis of COVID-19?

Date	7/24	7/25	7/26	7/27	7/28	7/29	7/30	7/31	8/1	8/2	8/3	8/4	8/5	8/6
Temperature (if a fever)														
Fever (measured with thermometer or not) Y/N														
Cough Y/N														
Shortness of breath Y/N														
Fatigue (new tiredness doing normal activities) Y/N														
Body aches Y/N														
Headache Y/N														
Diarrhea Y/N														
Sore Throat Y/N														
Loss of sense of smell or taste Y/N														

If you are sick are you having any of these life-threatening signs:

- Very hard time breathing? Cannot do normal activities without stopping to catch your breath? Gasping for air?
- Continuous or severe pain or pressure in your chest? This does not include pain in the chest from coughing.
- Unable to keep down food or drink for the last 12 hours?



- Feeling so lightheaded that you fear you may pass out or faint if you stand up?
- Altered or slurred speech, difficult to wake up or behaving very abnormally?
- Symptoms that are rapidly getting worse? Or, a fever and cough that went away for a while but have come back and much worse?
- None of the above

Thank you for completing pre-expedition screening for COVID-19. Stay Well!

With your health and safety in mind, this screening is meant to try and reduce the possibility of exposure to and the spreading of COVID-19 amongst the expedition team prior to heading into the field together!

MCC will be in touch if you are having any of these symptoms and we will proceed from there. Please don't hesitate to contact us if you have any questions about your expedition.

WHO TO CALL

For non-emergency health questions please seek help in this order:

1. Call your doctor or healthcare provider first
2. Call the state hotline for Montana at (888) 333-0461
3. If they are not available, call the CDC at 1-800-232-4636

Appendix C *(Adopted from PNTA Field Safety Manual)*

COVID-19 PPE Evacuation Kit

Each crew will be equipped with a supplemental COVID-19 first-aid kit for attending to suspected cases of COVID-19 infection.

COVID-kit items will be in a separate sealed bag and should only be used in case a patient needs to be assessed or treated for a suspected infection.

Each MCC vehicle will be equipped with a COVID Evacuation Kit. These items will be in a separate sealed bag and should only be used in case a patient with a suspected infection is being evacuated.

COVID-19 First-aid Kit

- (1) 1-fl oz. bottle hand sanitizer
- (2) Cloth/ surgical face masks (to be worn by patient and first-aid provider)
- (1) Goggles for first-aid provider (eye protection with full coverage and ideally has a seal around the eyes)
- (2) Pairs (LG and MED) nitrile gloves



- SOAP Note worksheet and pen/pencil (for recording and tracking patient's symptoms)
- (1) Digital thermometer, with disposable covers
- (1) Travel-pack of Tylenol/ Acetaminophen

COVID-19 Evacuation Kit

- (1) Large (30–50 gal) trash bag/s (for containing patient's belongings)
- (1) 1-fl oz. bottle hand sanitizer
- (1) N95 (or other filtering) facemask to be worn by driver (Cloth/surgical mask at the least)
- (1) Clear, anti-fog goggles for driver (eye protection with full coverage and ideally has a seal around the eyes)
- (2) Pairs (LG and MED) nitrile gloves

Appendix D

Adherence to Multi State Directives

MCC regional staff will monitor and follow the most current directives in the states where MCC crews will serve. Be aware local health departments may have stricter requirements than the state directives.

[National Governor's Association](#)

<https://rebound.idaho.gov/stages-of-reopening/>

<https://coronavirus.idaho.gov/>

[Wyoming Transition Plan](#)

<https://health.wyo.gov/publichealth/infectious-disease-epidemiology-unit/disease/novel-coronavirus/covid-19-orders-and-guidance/>

[ND Dept of Public Health Orders](#)

[South Dakota Dept of Health](#)



Appendix E

Community Well-Being Agreement

MITIGATION of COVID-19 while serving with the Montana Conservation Corps

As MCC moves into its second season managing our programs during a pandemic, it is important to articulate the norms that we expect our staff, AmeriCorps members and youth participants to operate within, as we in good faith, attempt to keep our organization healthy and resilient. MCC takes the threat of COVID-19 seriously and we are committed to mitigating the risks that could lead to exposure or transmission of the virus within our staff, on our crews, and in the communities we serve. To this end, we have developed COVID- 19 field operations protocols to inform, guide, and manage our programs while at work with MCC.

MCC also has expectations for youth participant behavior related to traveling to our programs and for days off while working with MCC. MCC cannot mandate participants to behave in a certain way on their days off. However, we aim to provide guidance and to clarify expectations for behavior that if not followed, could result in participants being asked not to come into an office setting, or not to go out in the field. MCC expects that participants, to the greatest extent possible, follow these guidelines.

The following guidelines have been designed to promote the healthiest possible environment in which to run our programs. Maintaining a COVID-19 free environment is critical for MCC staff, members, and participants to be successful during the season.

By signing the **MCC Community Well-Being Agreement**, you are also affirming your commitment to follow the procedures outlined below from 14 days before your program begins until the completion of your term of service.

1) Due to the nationwide COVID-19 outbreak, I understand I am agreeing to participate in the following activities and precautionary measures in the 14-days prior to my program orientation or start of training:

- Share, fully and transparently, any health history information requested by the organization.
- Monitor myself for any signs of symptoms of illness.
- Communicate in a timely way with program staff if any symptoms arise.
- Limit my indoor contact with people to those I live with or who are part of my immediate family/crew “bubble”. If contact is required with any person outside of my “bubble”, I agree to wear a mask. At the first opportunity, after such encounters, I will wash my hands for at least 20 seconds with soap and hot water.

2) To better protect myself and others from the virus, I understand I am also agreeing to participate in the following activities and precautionary measures during my expedition, including on my off days (for 4-week participants).



- Engage in daily health assessments, including taking of temperatures when asked, and sharing information about personal symptoms and general wellness.
- Follow MCC COVID-19 field operations protocols while working.
- Proactively and transparently share any health-related symptoms that I become aware of.
- Frequently wash my hands (at least 20 seconds in duration).
- Wear a mask (without holes or valves) in public areas, where social distancing may not be possible, or as otherwise required.
- Not share personal items such as water bottles, dishes, chapstick, etc. with others.
- Engage in appropriate social distancing, particularly with members of the public.

3) In the event of an outbreak or potential outbreak of COVID-19, I agree to:

- Heed the recommendations of field-staff and health-care professionals about how and when to seek medical care.
- Abide by MCC's isolation protocols put in place by the organization.
- Provide consent and contact information in case contact tracing is necessary.

I am committing to following the guidelines listed above, to do my part in keeping myself and my community safe during the COVID-19 pandemic.

Youth Signature

Date

Parent Signature

Date